



The Early Childhood Advisory Councils of Caroline, Dorchester and Talbot Counties are **THRILLED** to announce the Fall 2019 Professional Development Opportunity

**SAVE THE DATE!**



**Master Teacher Lety Valero**

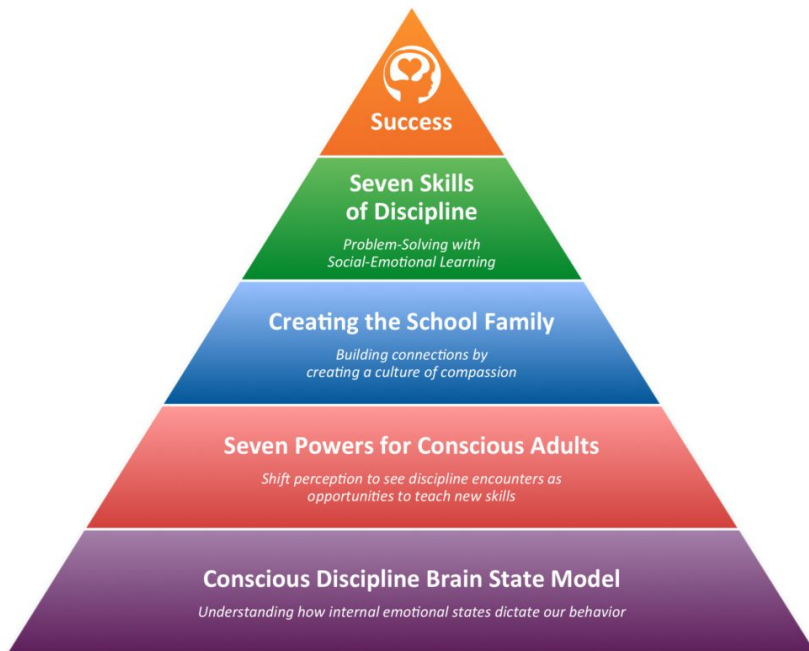
**Presents: Conscious Discipline**

Attend either day

**Friday, October 25, 2019 8:30–3:30 Todd Performing Arts Center, Chesapeake College**  
**OR**

**Saturday, October 26, 2019 8:30–3:30 Cadby Theater, Chesapeake College**

.6 CEU/6 COK hours available and lunch provided \$20 -- contact local Judy Center for Scholarship if needed



Conscious Discipline is an evidence-based, trauma-informed approach which is recognized by the Substance Abuse and Mental Health Administration (SAMHSA). Conscious Discipline encompasses these four components, which are scientifically and practically designed for success:

- **Conscious Discipline Brain State Model**
  - *Understanding how internal emotional states dictate our behavior*
- **Seven Powers for Conscious Adults**
  - *Shift perception to see discipline encounters as opportunities to teach new skills*
- **Creating the School Family**
  - *Building connections by creating a culture of compassion*
- **Seven Skills of Discipline**
  - *Problem-Solving with Social-Emotional Learning*

Sponsored through Partnerships of:



Questions: Caroline County- Tearesa French 410-479-3298; Dorchester County - Donna Greenleaf 410-221-1111 ext. 1035; Talbot County- Elizabeth Haslup 410-822-0330

For personal sponsorship contact Local Judy Center

